

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
15.00 - 18.00 Kinderbetreuung	9.00 - 12.00 Kinderbetreuung	9.00 - 12.00 Kinderbetreuung	9.00 - 12.00 Kinderbetreuung	9.00 - 12.00 Kinderbetreuung	14.00-18.00 Kinderbetreuung	
	9.15 - 10.00 Spinning (A)	9.30 - 10.15 Step (M)	9.15 - 10.00 Spinning (A)	9.45 - 10.15 BBP (A)	14.30 - 15.30 Zumba (A)	10.00 - 10.30 BBP (A)
	10.00 - 10.45 Bodytoning (A)	10.15 - 11.15 Pump™ (A)	9.30 - 10.00 BBP (A)	10.15 - 11.00 Step (M)		10.30 - 11.30 Step (M)
16.00 - 16.30 BBP (A)	10.45 - 11.15 Rückenfitness (A)		10.00 - 10.30 Rückenfitness (A)		15.30 - 16.00 BBP (A)	11.30 - 12.15 Tone+Stretch (A)
16.30 - 17.30 Zumba (A)			10.30 - 11.15 Chi Balance (A)			17.00 - 18.00 Spinning (A)
18.00 - 19.00 Complete Body (A)	17.00 - 18.00 Zirkeltraining (A)		17.30 - 18.00 Rückenfit (A)	17.30 - 18.30 Pump™ (A)	<p style="text-align: center;">Gültig ab 23.10.2011</p> <p style="text-align: center;">Fitness Company GmbH Gewerbestrasse 3 71332 Waiblingen 07151 -956 965</p>	
18.10 - 18.55 Spinning (A)	18.00 - 19.00 Step (M)	18.00 - 19.00 Zumba (A)	18.00 - 18.45 Fitmix (M)	18.30 - 19.00 BBP (A)		
		18.45 - 19.45 Spinning (A)	18.45 - 19.45 Spinning (M)			
19.00 - 19.45 Rückenfit+ Bauch (A)	19.00 - 19.30 Rückenfit (A)	19.00 - 20.00 Pilates (A)	18.45 - 19.15 BBP (A)			
19.45 - 21.00 Tae Box+Tone (A)	19.30 - 20.30 Pump™ (A)	20.00 - 20.45 Step (E)	19.15 - 20.15 Step (M)			
	20.30 - 20.45 Bauch spezial (A)		20.15 - 21.15 Pump™ (A)			

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
15.00 - 18.00 Kinderbetreuung	9.00 - 12.00 Kinderbetreuung	9.00 - 12.00 Kinderbetreuung	9.00 - 12.00 Kinderbetreuung	9.00 - 12.00 Kinderbetreuung	14.00-18.00 Kinderbetreuung	
	9.15 - 10.00 Spinning (A)	9.30 - 10.15 Step (M)	9.15 - 10.00 Spinning (A)	9.45 - 10.15 BBP (A)	14.30 - 15.30 Zumba (A)	10.00 - 10.30 BBP (A)
	10.00 - 10.45 Bodytoning (A)	10.15 - 11.15 Pump™ (A)	9.30 - 10.00 BBP (A)	10.15 - 11.00 Step (M)		10.30 - 11.30 Step (M)
16.00 - 16.30 BBP (A)	10.45 - 11.15 Rückenfitness (A)		10.00 - 10.30 Rückenfitness (A)		15.30 - 16.00 BBP (A)	11.30 - 12.15 Tone+Stretch (A)
16.30 - 17.30 Zumba (A)			10.30 - 11.15 Chi Balance (A)			17.00 - 18.00 Spinning (A)
18.00 - 19.00 Complete Body (A)	17.00 - 18.00 Zirkeltraining (A)		17.30 - 18.00 Rückenfit (A)	17.30 - 18.30 Pump™ (A)	<p style="text-align: center;">Gültig ab 12.09.2011</p> <p style="text-align: center;">Fitness Company GmbH Gewerbestrasse 3 71332 Waiblingen 07151 -956 965</p>	
18.10 - 18.55 Spinning (A)	18.00 - 19.00 Step (M)	18.00 - 19.00 Zumba (A)	18.00 - 18.45 Fitmix (M)	18.30 - 19.00 BBP (A)		
		18.45 - 19.45 Spinning (A)	18.45 - 19.45 Spinning (M)			
19.00 - 19.45 Rückenfit+ Bauch (A)	19.00 - 19.30 Rückenfit (A)	19.00 - 20.00 Pilates (A)	18.45 - 19.15 BBP (E)			
19.45 - 21.00 Tae Box+Tone (A)	19.30 - 20.30 Pump™ (A)	20.00 - 20.45 Step (E)	19.15 - 20.15 Step (M)			
	20.30 - 20.45 Bauch spezial (A)		20.15 - 21.15 Pump™ (A)			